

July 2025 Newsletter



Hi MedFlex Community!

Summer is in full swing, and we're excited to share some updates, tips, and helpful reminders to keep your practice thriving. Whether you're full-time or just here a few days a week, MedFlex is here to support you every step of the way.

🌟 Provider Spotlight 🌟



Afiyah Dunbar, MA, CCC-SLP
Founder of Bright Speech



This month, we're proud to spotlight Afiyah Dunbar, a board-certified speech pathologist and the founder of Bright Speech, an outpatient therapy practice based right here in Sugar Land, TX. With 17 years of experience, **Afiyah specializes in treating**

communication and swallowing disorders in adults—from young adults to seniors.

Her therapy style is personalized, goal-driven, and grounded in evidence-based techniques to ensure real, functional results.

Known for creating an uplifting and supportive environment, Afiyah celebrates every win—big or small—with her patients. Her dedication and positivity are felt in every session, and we're so lucky to have her as part of the MedFlex community.

🌟 When she's not working, you can find Afiyah enjoying family walks in Houston's green spaces, baking from scratch with her daughters, or starting the day with a strong black tea—cream and sugar, please!

www.mybrightspeech.com



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Welcome Our New Members!

We're excited to welcome several incredible healthcare and wellness professionals to the MedFlex Spaces community this month! Each brings unique expertise and energy to our shared mission of delivering outstanding care. Be sure to say hello, make connections, and help us celebrate their journey as they settle into their new space.

Say Hello to Our Newest Member: Kids GI Kare!

We're excited to welcome Kids GI Kare and Dr. Sabeen Aslam, MD to the MedFlex Spaces community!

Kids GI Kare is a trusted pediatric gastroenterology clinic serving families across Texas—now proudly seeing patients in Sugar Land at MedFlex Spaces. Their mission is to provide compassionate, personalized GI care for children, both in person and via telehealth.

Dr. Aslam is a board-certified pediatric gastroenterologist with expertise in conditions like GERD, constipation, abdominal pain, IBD, and more. She completed her training at Ross University, the University of South Alabama, and the University of Iowa. Outside the clinic, she's a mom of three who loves biking, swimming, gardening, baking, and traveling with her family.

✨ We're thrilled to have Dr. Aslam and the Kids GI Kare team join us!



www.kidsgikare.com

A Warm Welcome to Lindarose Amuzie, FNP-C

Lindarose Amuzie is a board-certified Family Nurse Practitioner with over eight years of provider experience and a decade in nursing. She specializes in Urgent Care, Family Medicine, Chronic Care, Weight Loss, Wound Care, and Correctional Medicine.

As the founder of Healing Light Healthcare Services, Lindarose is dedicated to providing compassionate, high-quality care that makes every patient feel heard and valued. Her practice offers a modern, patient-centered approach to urgent and primary care, as well as specialized services like weight loss programs and expert wound care.

✨ MedFlex is proud to welcome Lindarose and Healing Light Healthcare to our community!



www.healinglighthealthcare.com



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New at MedFlex: Hot Desks Now Available!

Need a quiet, professional space to work outside of home—or want your assistant to have a reliable desk while supporting your practice?

MedFlex Spaces now offers Hot Desks in our shared common area for just \$11/hour.

Perfect for charting, admin work, billing, or prepping between clients.

- ✓ Includes high-speed Wi-Fi
- ✓ Power outlets + shared amenities
- ✓ No long-term commitment required

Ask us how to book your hot desk today!



Have You Left Us a Google Review Yet?

If you've enjoyed being part of the MedFlex Spaces community, we'd love to hear from you! Your feedback not only helps us grow—it also helps other healthcare providers discover flexible, supportive space for their practice. If you haven't had a chance yet, please consider leaving us a quick positive Google review here:

👉 <https://g.page/r/CXCnJ9TzrBxmEB0/review>



Thank you for being part of what makes MedFlex special! ❤️



Business Tips Corner

What Is SEO & Why It Matters

SEO (Search Engine Optimization) helps your business appear on Google when potential patients search for your services.

Easy ways to boost your SEO:

- ✓ Set up or update your Google Business Profile
- ✓ Use keywords like “speech therapy in Sugar Land”
- ✓ Collect Google reviews
- ✓ Keep your info consistent online

Pro tip:

Include “at MedFlex Spaces” or “Located inside MedFlex Spaces” in your business address. It helps patients find you and strengthens your local SEO!



Want to Be Featured on MedFlex Social Media?

Send us a short video of your practice—we'd love to share it on Facebook, Instagram, LinkedIn, or TikTok!

🌟 Follow MedFlex Spaces on social media so we can tag you!



New EMR Discount for MedFlex Members!

We've partnered with Unity HealthTech to offer exclusive savings on a HIPAA-compliant, user-friendly EMR system.

💻 Use your MedFlex referral code for special pricing!

🔗 unityhealthtech.com



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